

VISION AND GOAL SETTING WORKSHOP

Course Overview

The “Vision and Goal Setting” Workshop focuses on harnessing right-brain thinking, combined with cognitive process to assist participants in focusing clearly on their goals and how to achieve them. Suitable for both individuals or teams, it encompasses skills and a methodology that enable participants to activate the untapped power of their minds as they prepare an innovative strategy to ensure success in their workplace. The practical, skill-based exercises and experiential nature of the course assists participants to clearly articulate their vision, define it in a specific and measurable way, and plan the key steps needed in order to achieve it. Both practical and highly motivating, this powerful workshop creates a palpable excitement enthusing staff to take greater personal responsibility and ownership of projects as they achieve results quickly.

Course Topics

- ◆ Establishing a Vision
 - 2 Fundamental Foundations
 - Understanding your true Business Focus
 - Engaging the Mind
- ◆ Setting a Goal
 - Differentiating the Goal from the Vision
 - 5 Specifics of Goal Setting
 - Identifying Personal Motivators
- ◆ Overcoming Obstacles
 - Unmasking Internal and External Inhibitors
 - Identifying Issues and Mitigating Risks
- ◆ Developing the Action Plan
 - The GAP Methodology for Successfully Achieving Goals
 - Staying on Track – Measurement Techniques
- ◆ Implementing the Mindset Tool
- ◆ The 3-Step Attainment Method
- ◆ Affirmation Techniques
 - Verbal and Practical Applications
- ◆ Reap the Rewards